

**TIFFANY N. SMITH, PhD, LPC-S, LMFT-S, NCC**

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**EDUCATION**

Texas Woman’s University

|   |      |
|---|------|
| Doctor of Philosophy in Marriage and Family Therapy | 2022 |
| Master of Science in Marriage and Family Therapy    | 2006 |
| Bachelor of Science                                 | 2000 |
| Honors: Graduated Magna cum Laude                   |      |

**LICENSURES/CERTIFICATIONS**

Licensed Marriage and Family Therapist Supervisor (Texas and New Mexico)  
Licensed Professional Counselor Supervisor (Texas)  
National Certified Counselor  
AAMFT Approved Supervisor  
Trained in Animal Assisted Therapy

**AWARDS**

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| Best of Flower Mound (Counselor Category)          | 2022        |
| Best of Flower Mound Living (Counseling Practice)  | 2021        |
| Best of Flower Mound Living (Counseling Practice)  | 2020        |
| Best of Flower Mound (Child Psychologist Category) | 2018        |
| Best of Flower Mound (Child Psychologist Category) | 2017        |
| Daily Points of Light                              | 2011 – 2011 |

**RELATED EXPERIENCE**

Texas Woman’s University 2021-Present

**Graduate Teaching Assistant**

Doctoral Course: Multivariate Statistics  
Master’s Course: Internship

Flower Mound Counseling, PLLC

**Managing Partner and Clinical Site Supervisor**

Develops strategies for expanding and managing private psychotherapy practice. Also, is Responsible for clinical development and supervision of all graduate students and provisional licensees.

2013-Present

Tiffany Smith Counseling, Inc.

**President and Clinical Director**

Created, developed, and expanded psychotherapy practice consulting services.

2010 – Present

MD Pediatrics BEAMS Program

**BEAMS Program Director**

Developed and Trained clinicians for a Collaborative Medical Family Therapy Mental Health Program with local pediatric practice.

2017-2019

Senior Psychiatric Care

**Psychotherapist**

Provided Individual and Family Psychotherapy treatment to individuals and families in Long-Term Care Facilities

2008 – 2010

Child Protective Services

**CPS Specialist II**

Assisted families and children in Conservatorship work towards family reunification and adoption. Also provided recommendations for the children in care during the legal cases.

2007-2008

Communities in Schools- TARMAC Program

**Group Counselor**

Provided Group Counseling Services to children transitioning from the Juvenile Justice System into the LISD school program

2008

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|---|-------------|
| Hickory Trail Psychiatric Hospital<br><b>Intake Counselor</b><br>Conducted Intake and Assessments of individuals requesting psychiatric care  | 2007        |
| Family Services of Plano/Crossroads Family Services<br><b>Practicum Counseling Intern</b><br>Provided individual, family, and group counseling services.  | 2005        |
| Texas Woman's University Counseling and Family Development Center<br><b>Practicum Counseling Intern</b><br>Provided individual, family, and group counseling services.                                  | 2005        |
| <b>PUBLICATIONS AND PROFESSIONAL PAPERS</b>   |             |
| <i>Virtual Family Play Therapy: A Clinicians Guide to Using Directed Family Play Therapy</i><br><i>In Telemental Health</i> , Journal of Contemporary Family Therapy<br>DOI: 10.1007/s10594-021-09612-7 | 2021        |
| <i>Marriage and Family Therapy: A Practice-Oriented Approach (Springer Publishing)</i><br>Co-Authored Strategic Family Therapy and Multiculturalism Chapters  | 2010        |
| "How Individuals Who Identify as Bisexual Disclose their Sexual Identity to Others:<br>A Qualitative Study"<br>Master's Thesis presented and defended at Texas Woman's University                       | 2006        |
| <b>MEDIA</b>  |             |
| <i>How Healthy is Your Child?</i> (North Texas Child Magazine)<br>Interviewed as a mental health expert   | 2019        |
| <i>Child Bribery: How High are the Stakes</i> (North Texas Child Magazine)<br>Interviewed and quoted as a Parenting Expert  | 2013        |
| "Liar, Liar" (North Texas Child Magazine)<br>Interviewed and quoted as a Child Expert   | 2012        |
| <i>Flower Mound Family. Com</i><br>Parenting Tip of the Week Professional Expert for the Community  | 2012-2019   |
| <b>PRESENTATIONS &amp; TEACHING EXPERIENCE</b>  |             |
| <i>Navigating Healthy Relationships</i><br>Guest Presenter for Kyle's Place   | Summer 2023 |
| <i>Emotion Coaching for Children with Big Emotions</i><br>Guest Presenter for CYT Dallas  | Spring 2023 |
| <i>Big Kids Do Cry: Child Development and Grief Education</i><br>Guest Presenter for CYT Dallas   | Spring 2023 |
| Guest Presenter for Rockpointe Church   | Fall 2022   |
| <i>Risk Assessments</i><br>Continuing Education for Flower Mound Counseling   | Fall 2022   |
| <i>No Surprises ACT</i><br>Continuing Education for Flower Mound Counseling   | Spring 2022 |
| <i>Abortion Grief Education</i><br>Continuing Education Provider for Rachel's Vineyard  | Spring 2022 |
| <i>Strategic Family Therapy</i><br>Guest lecturer for Texas Woman's University Family Therapy Course  | Fall 2021   |
| <i>Multivariate Statistics</i><br>Graduate Teaching Assistant for Texas Woman's University  | Spring 2021 |

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| <i>Family Therapy Internship</i><br>Graduate Teaching Assistant for Texas Woman's University   | Spring 2021   |
| <i>AAMFT Annual Conference</i><br>Presenter on Animal Assisted Therapy   | Accepted 2020 |
| <i>Building your client caseload: Marketing the TWU clinic</i><br>Presenter for TWU Counseling and Family Therapy Interns                                  | 2019          |
| <i>When Life Doesn't Go as Planned: Infertility and Perinatal Loss</i><br>Guest lecturer for Texas Woman's University Crises in the American Family Course | 2018          |
| <i>ADHD Strategies</i><br>Workshop Presenter Lewisville ISD Continuing Education<br>For Elementary School Counselors                                       | 2014          |
| <i>Where is My House?</i><br>Guest Speaker at Trietch United Methodist Church  | 2012          |
| Guest Community Speaker at the Flower Mound Public Library   | 2011          |
| <i>Mama Madness</i><br>Guest speaker at Lewisville Early Childhood Education PTA   | 2011          |
| <i>Practicum Course</i><br>Guest Instructor at Texas Wesleyan University   | 2008          |
| <i>TAMFT Annual Conference</i><br>Presenter regarding "A Practical Approach to Family Therapy"   | 2006          |
| <b>VOLUNTEER ORGANIZATIONS EXPERIENCE</b>  |               |
| <i>Cumberland Presbyterian Children's Home</i><br>Board Member   | 2013-2015     |
| <i>Give an Hour</i><br>Volunteer Psychotherapist for Veterans and their Family Members   | 2010-Present  |
| <b>PROFESSIONAL MEMBERSHIPS</b>  |               |
| American Association of Marriage and Family Therapy  |               |
| American Counseling Association  |               |
| Association of Play Therapy  |               |
| National Board of Certified Counselors   |               |